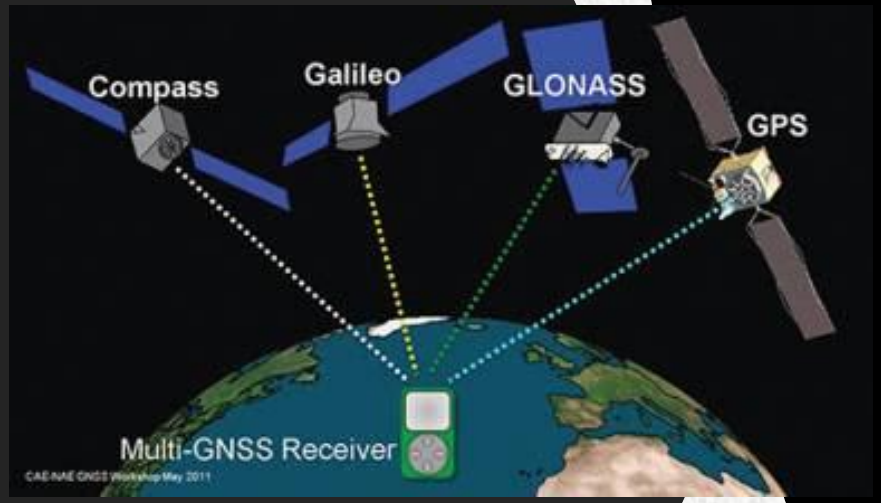


Where am I?

Sue Lakin November 2026

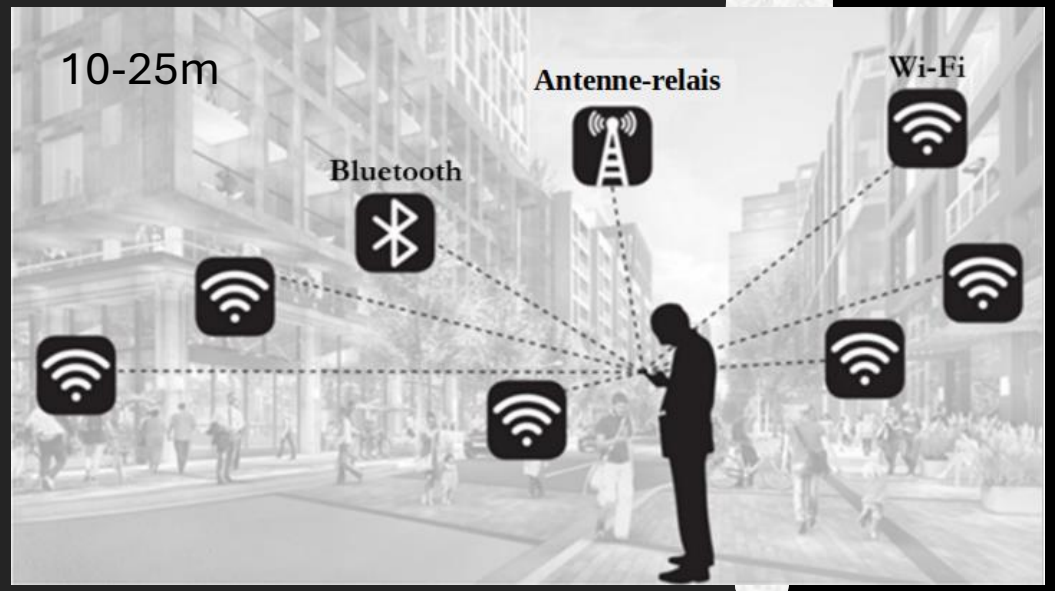
How does my phone know where I am??

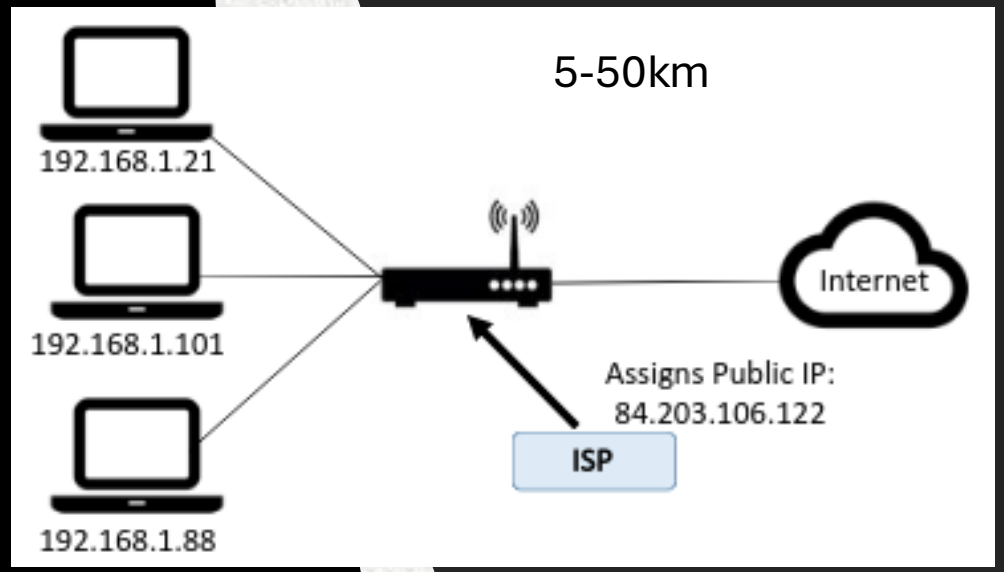


3-5m

100s of meters to kilometres







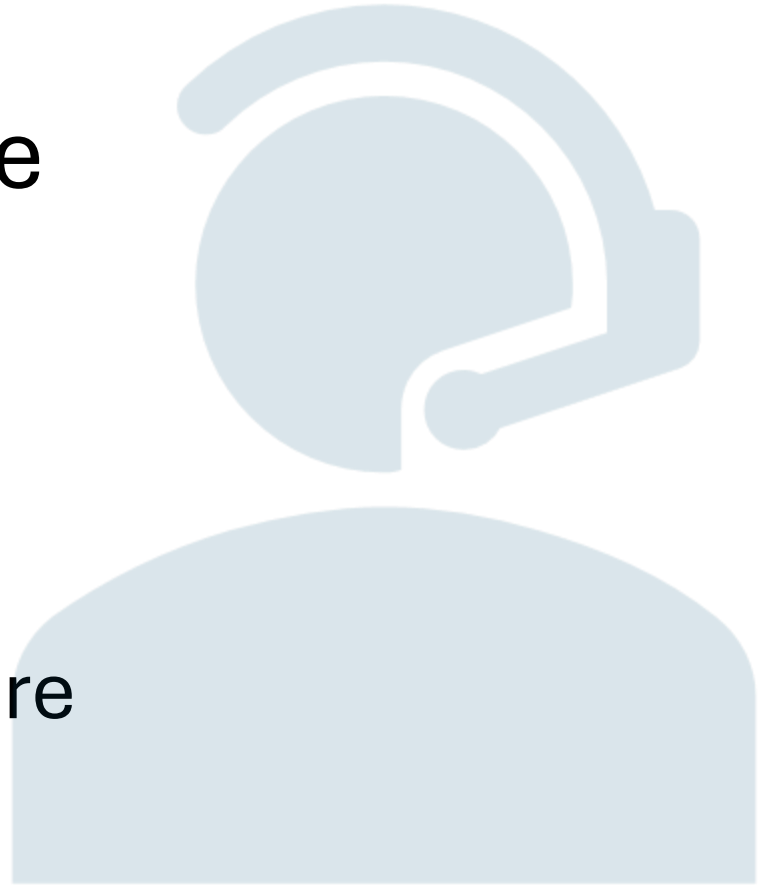
Getting the most accurate location

- **Go outside**
  - 10-15 seconds to grab a clean satellite lock
- **Turn on location settings**
  - Settings>location…..find it
  - Which aps have used your location recently?
- **Give permission**
  - Apps need your permission to use your location
  - Select “All the time” or “When using the app”

Which apps to use – Voice Assistants



- **Google or Siri**
- Hey Google or Hey Siri “Where am I”
- Try it!





Which apps to use – Maps

- **Google maps or Apple maps**
- **Find My (Apple)**

- Try it with whichever maps you have!
- Click on the arrow if you have one (locates you)
- Long press on the blue dot – what happens?

Which apps to use – WhatsApp

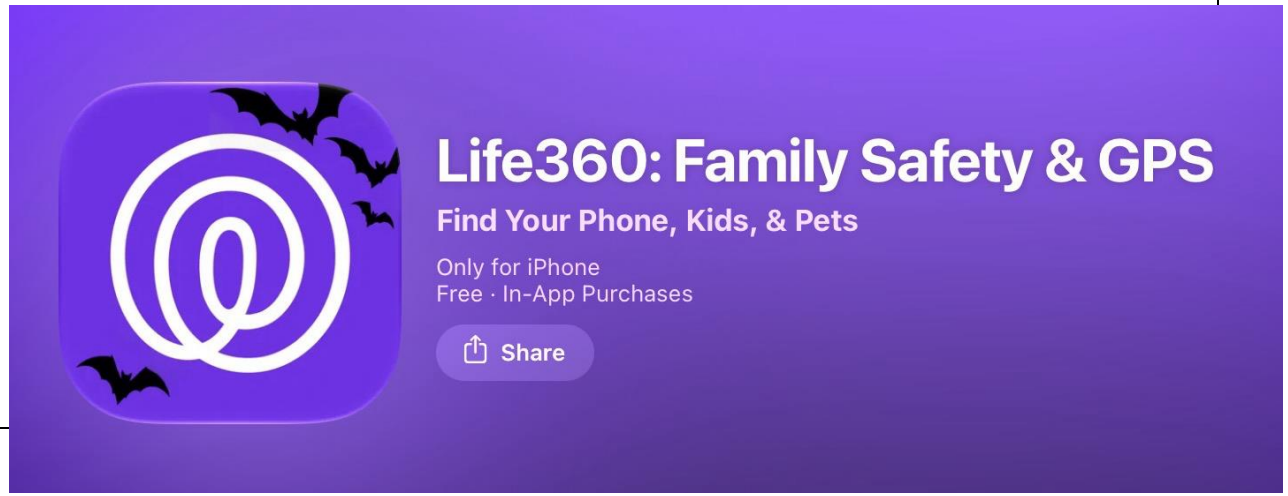
- Open WhatsApp
- Go to the Tech It Easy chat
- Click into the message box
- Click on the + (Apple) or paper clip icon (Android)
- Select “Location”



Which apps to use – Life360

A dedicated family tracking app where you create private "circles." It runs continuously in the background to show real-time movements, battery levels, and driving speeds, and it can alert you when family members arrive at school or home.

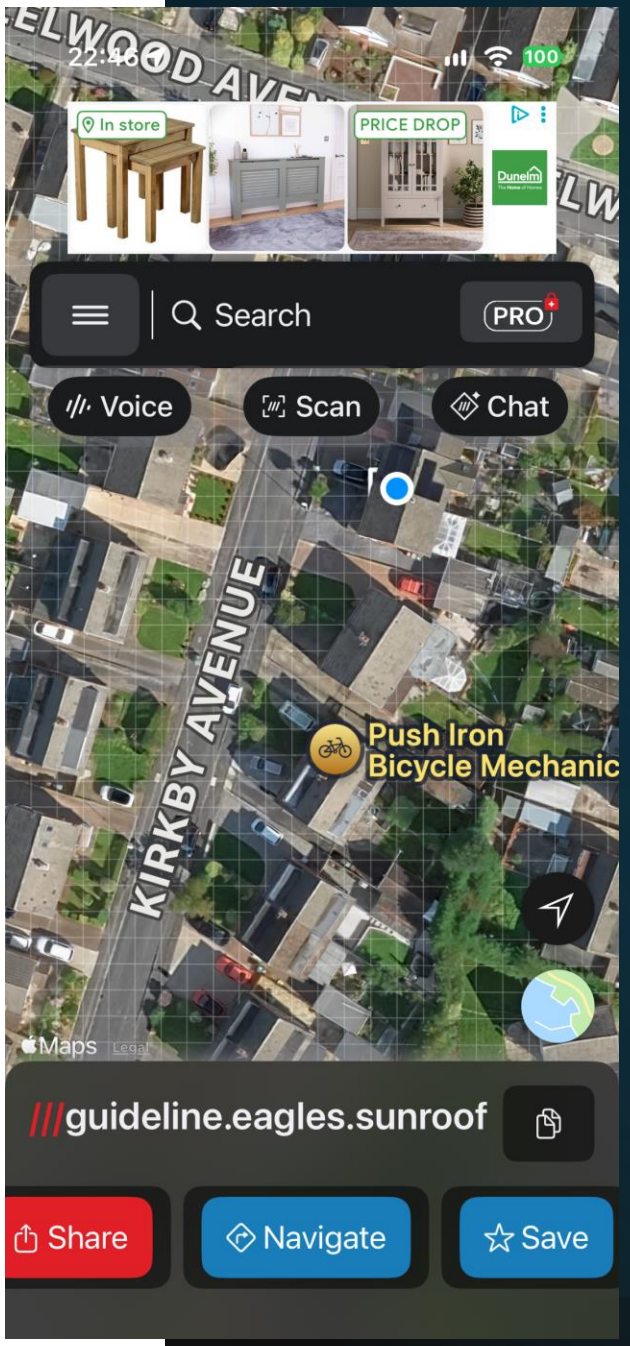
- Family location tracking

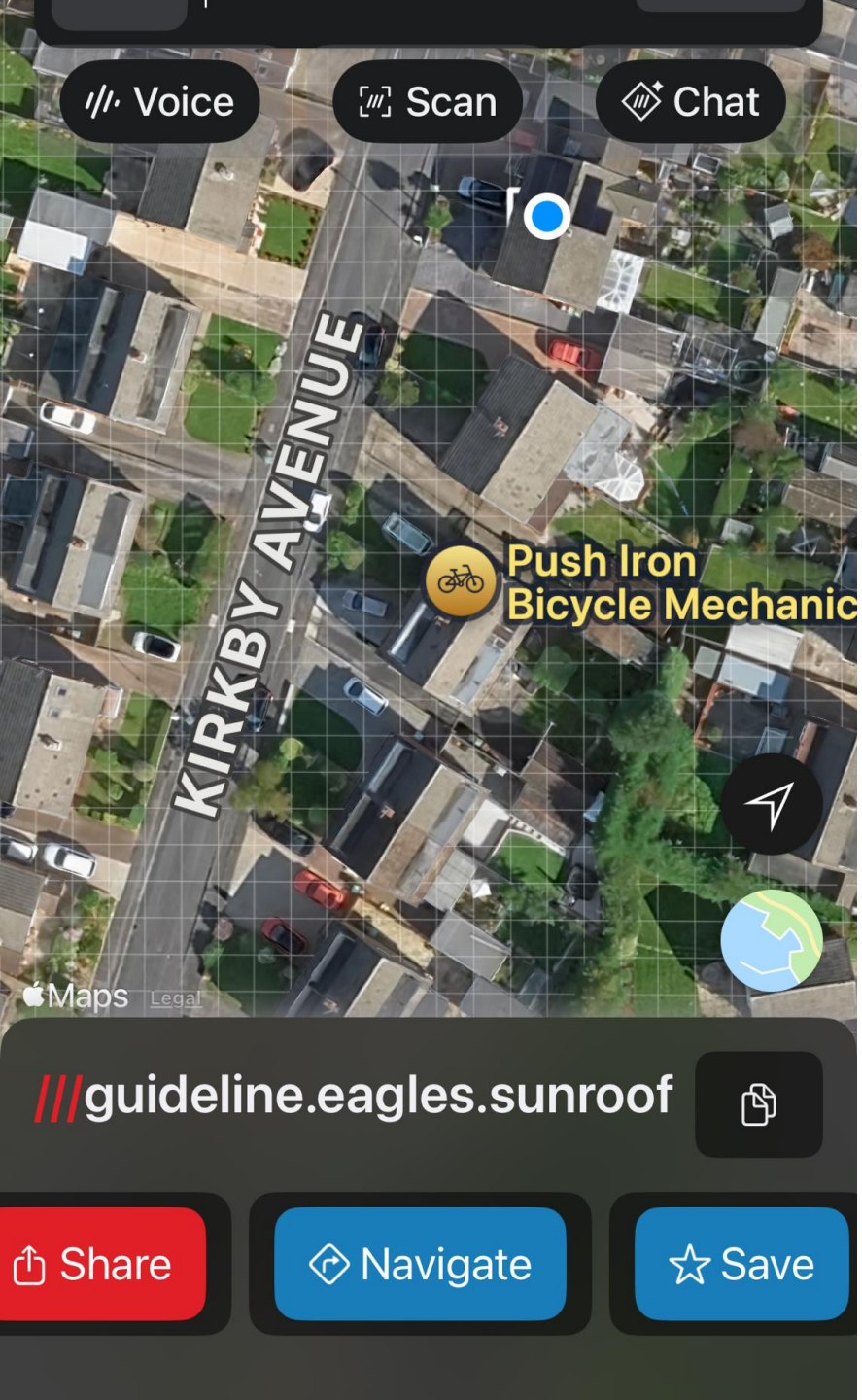


Which apps to use – **What3words**

- Divides the entire world into 3-metre squares and gives each square a unique three-word address
  - e.g., ///filled.count.soap
- Uses GPS satellites, not mobile phone signal.
- Highly recommended by emergency services for giving your exact spot when you are lost in rural or unmarked areas.

- Download What3words
- Move around the library and watch the location reference change?



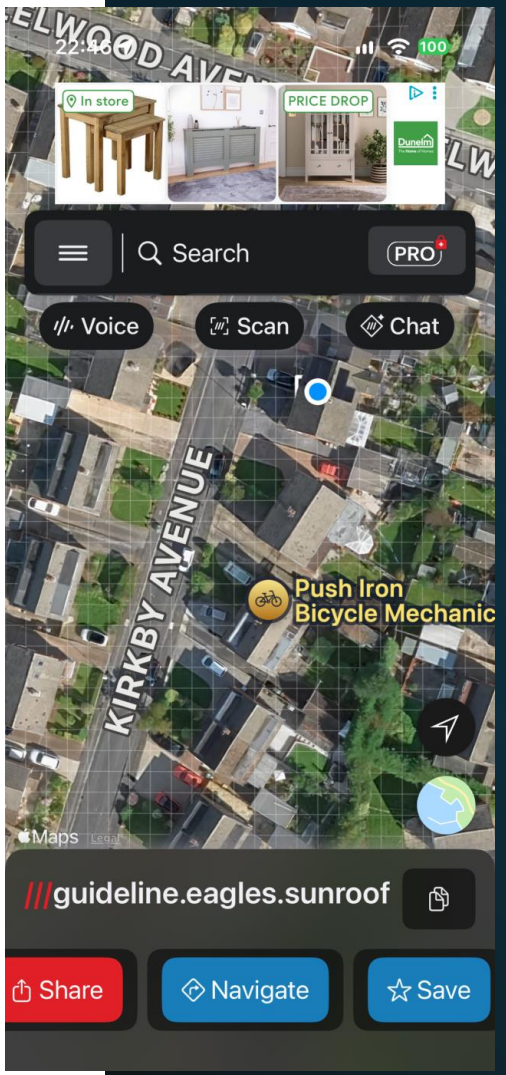


Which apps to use – **What3words**

- Copy
- Share
- Navigate
- Save

Which apps to use – **What3words**

- Meeting up in large open spaces
- Directing someone to a specific side door or delivery entrance of a large building
- Calling emergency services if you are lost or injured in a remote area



Which apps to use – Strava & Garmin Connect

- Designed for outdoor sports. Features like **Strava Beacon** or **Garmin LiveTrack** text or email a secure tracking link to your loved ones so they can follow your run or cycle ride in real time.



Which apps to use – Emergency SOS

- Both **Android** and **iPhone** have emergency features (usually triggered by pressing the power button 5 times rapidly) that will automatically text your emergency contacts your current GPS coordinates.

- Do you know how to activate yours?

- Don’t do it now!



CONFIGURE EMERGENCY SOS

You can enable the automatic calling features in your device settings:

1. Go to Settings, then tap Emergency SOS.
2. Turn on "Call with Hold and Release" to start a countdown when you hold the side and volume buttons.
3. Turn on "Call with 5 Button Presses" to start a countdown when you rapidly press the side button five times.

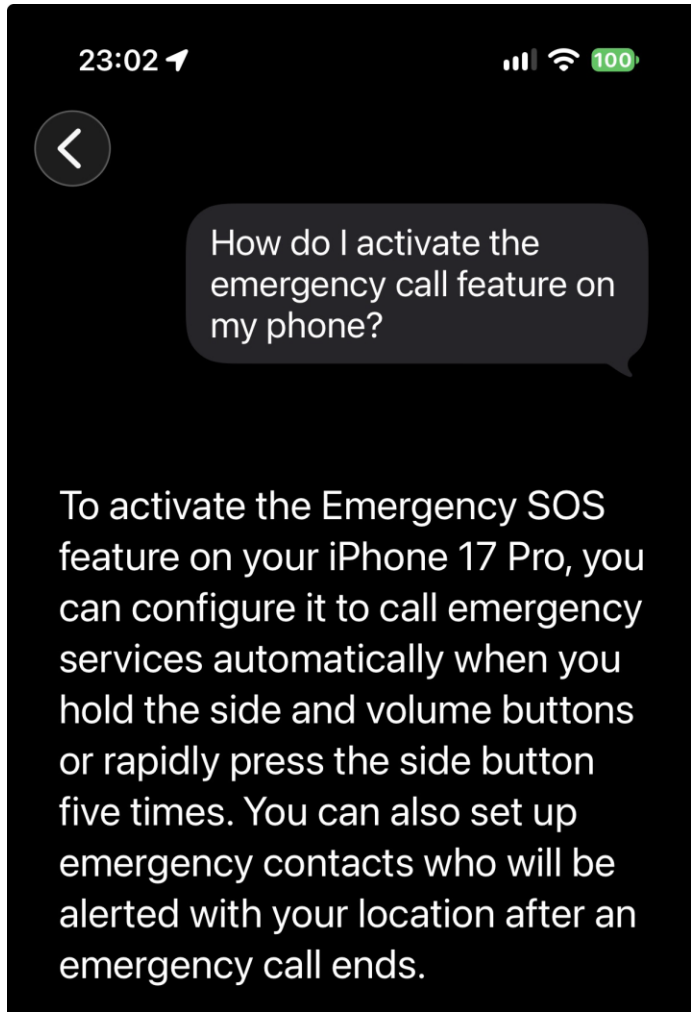
- **Locked screen** On the Passcode screen, tap Emergency, then dial 999 and tap the phone icon.
- **Texting** Open the Messages app, type 999 in the To field, type your emergency, and tap Send.

By the way, I'm an assistant powered by AI and may make mistakes. Always verify important details.

Apple Support +4

Ask Siri

Apple devices



MAKE AN EMERGENCY CALL

If you need to use the feature, follow these steps:

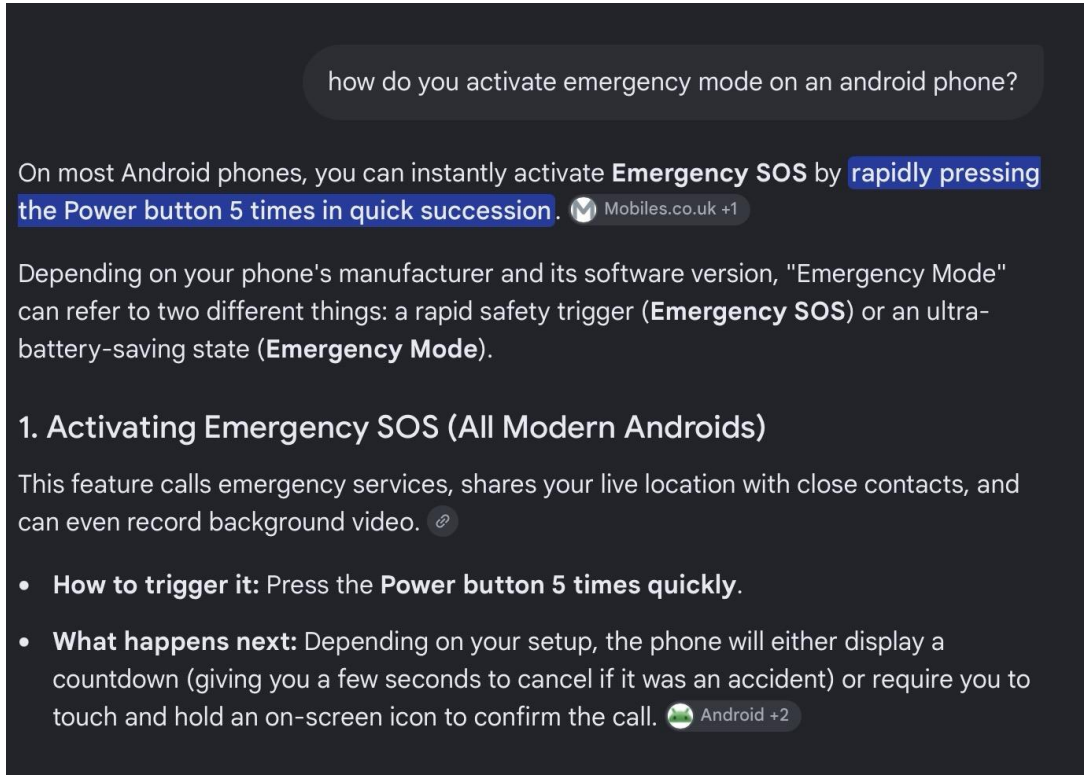
- **Automatic dialling** Hold the side and volume buttons, or rapidly press the side button five times, and release them after the countdown ends to automatically call emergency services.
- **Manual dialling** Hold the side and volume buttons until the sliders appear, then drag the Emergency SOS slider to the right.

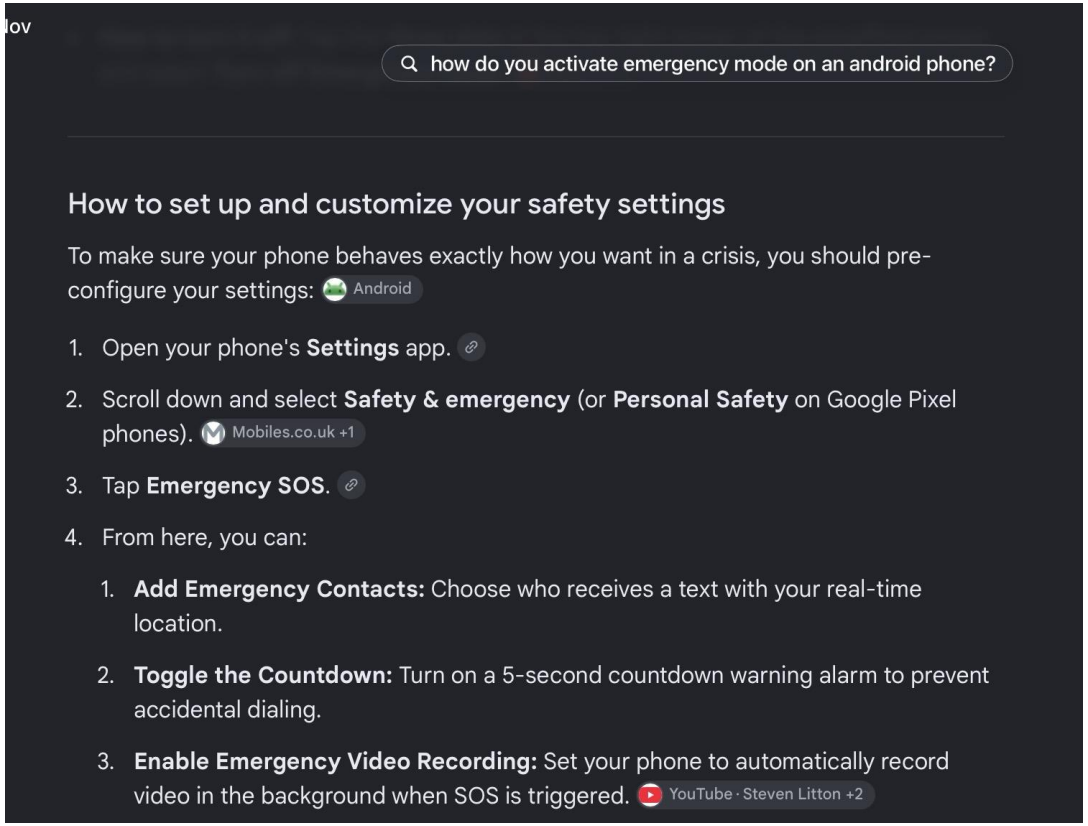
SET UP EMERGENCY CONTACTS

To ensure your contacts are notified, add them to your Medical ID:

1. Open the Health app and tap your profile picture.
2. Tap Medical ID, then tap Edit.
3. Scroll to Emergency Contacts and tap the Add button.
4. Select a contact from your address book and add their relationship.

Android devices







Do you know
where
you are now?

Any
questions?