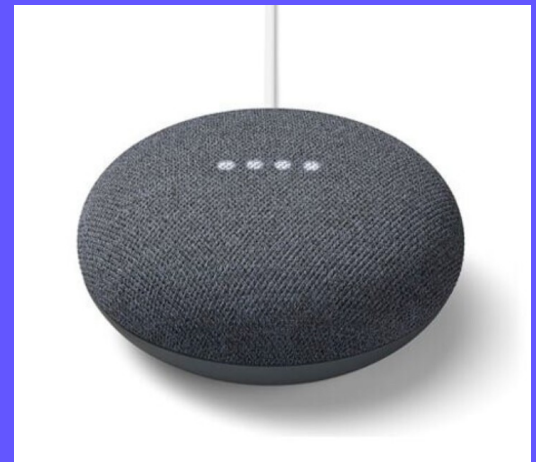


# Home Assistants: Making Life Easier with Technology

A guide for older adults exploring smart technology.



# What Is a Home Assistant?

A small device that listens and responds to your voice.

Examples: Alexa, Google Assistant, Siri.

# Popular Examples

Amazon Echo (Alexa)

Google Nest (Google Assistant)

Apple HomePod (Siri)

# What Can They Do?

Set reminders & alarms

Play music or radio

Tell you the weather

Make calls or send messages

# Helping You Stay Independent

Medication reminders

Control lights & heating

Ask for help

Connect with loved ones

# Entertainment & Companionship

Play your favourite songs

Tell jokes

Read audiobooks

Share the news

# Safety & Security

Smart doorbells and cameras

Motion sensors

Voice-activated emergency calls

# Privacy & Safety Tips

Turn off the microphone when not needed

Check device settings

Use strong Wi-Fi passwords

# Costs & Getting Started

Most devices £40–£150

Needs Wi-Fi and smartphone for setup

Ask family or local library for help

# Try It Yourself

Say: 'Hey Siri/Google, what's the weather?'

Say: 'Hey Siri/Google, play BBC Radio 2'

Say: 'Hey Siri/Google, how many days to Christmas'

Say: 'Hey Siri/Google, set a timer for 5 minutes'

Say: Hey Siri/Google, tell me a joke about bonfire night'

# Summary

Home assistants can make life easier, safer, and more fun!  
Start small and explore at your own pace.

# Further Help & Resources

Age UK Technology Support

Local library tech sessions

Online tutorials on YouTube